

2026 biweekly premium rates – Overseas employees

There is a 6.5% increase in medical rates from 2025 to 2026. There is a 6.5% increase in the dental premium rate from 2025 to 2026. Medical rates are 23% less for the HDHP than for the Aetna International Traditional Choice® Plan.

	Medical			Dental
	Aetna International Traditional Choice Plan	Aetna International High Deductible Health Plan (HDHP)	Annual premium savings with the HDHP	Aetna International Dental Plan
Employee only	\$94.60	\$72.77	You save \$568	\$5.28
Employee + spouse	\$218.53	\$168.10	You save \$1,311	\$12.19
Employee + child(ren)	\$182.59	\$140.45	You save \$1,096	\$10.18
Employee + family	\$289.49	\$222.68	You save \$1,737	\$16.15

